

WHITENING



Whitening is preferred among the famous—not only for their smiles—but as endorsements on social media. Many post photos to Instagram with their LED whitening kits.



Kevin Hart

Khloe Kardashian

Blue LED lights work with the whitening agent to speed up the process.¹



DENTAL GRILLS



Madonna





Popular among musicians, dental grills are blinged-out teeth covers. Celebs who regularly sport them include Rihanna, Madonna, Miley Cyrus and Nelly (who wrote a song about them, called "Grillz").²

DENTAL VENEERS

A-listers often opt for veneers, thin custom-made shells that cover the front of the tooth.³ Celebs have been using veneers for nearly 80 years.⁴ Notable names include Tom Cruise, Hilary Duff and Ben Affleck.⁵





I was a notorious teeth-grinder, so all my front teeth became a couple millimeters shorter."

Chrissy Teigen

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